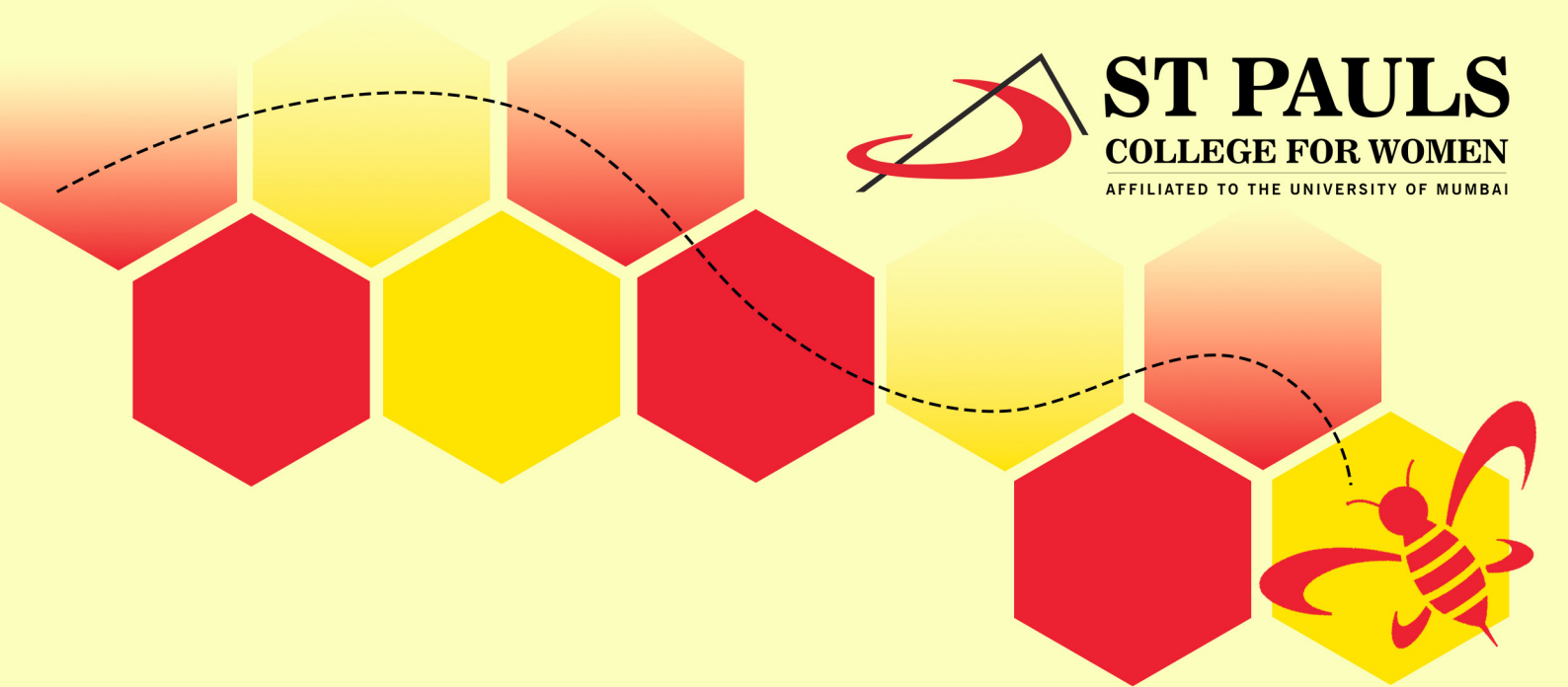




ST PAULS

COLLEGE FOR WOMEN

AFFILIATED TO THE UNIVERSITY OF MUMBAI



Explorations

In Quest of Truth and Excellence **2023-2024**





राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद
विश्वविद्यालय अनुदान आयोग का स्वायत्त संस्थान
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL
An Autonomous Institution of the University Grants Commission

Certificate of Accreditation

*The Executive Committee of the
National Assessment and Accreditation Council
is pleased to declare
St. Pauls Institute of Communication Education for Women
Bandra (W), Mumbai, Mumbai Suburban,
affiliated to University of Mumbai, Maharashtra as
Accredited
with CGPA of 2.49 on four point scale
at B grade
valid up to October 17, 2029*

Date : October 18, 2024



Glenn
Director

BC(SC)/221/1st Cycle/MHCOGN111729



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Principal

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(UG: Vice- Principal)

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(BAMMC Program Coordinator)

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(Magazine Committee Faculty In-charge)

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Ms Prisha Madhavan (Volunteer, Magazine Committee)
Ms Vaishnavi Kumar (Volunteer, Magazine Committee)
Ms Ishita Bhardwaj (Volunteer, Magazine Committee)

Design Team

Cover & Layout:



Our Motto: Mission, Vision & Core Values

Vision

“To emerge among the world’s leading media and management schools that produce the finest industry professionals globally.”

Mission

To build a vibrant and inclusive environment of Communication and Management that affects holistic change. To foster a scientific temperament in media and management studies led by professionals and acknowledged experts using state-of-the-art technology. To continually explore a curriculum that is globally engaging, locally relevant, and responsive to new challenges.

Core Values



Nobility



Fraternity



Intergrity



Solidarity



Editorial

Our students have already found work-life balance! If evidence were necessary that college really does include one's life, and not just a set number of hours per day, this issue of Explorations is it!

Just the third in our annual series, it is far and away the finest depiction of life at St. Pauls College for Women. It is an actual glimpse into a world where every day appears to contain 48 hours, so much do our students fit into it.

Imagine this lineup. If the Christmas calendar runs through the year, then before we know it, we would already be gearing up for 2024 when this issue is released. And we have just caught our breath from Christmas last year's "Christmas at St. Pauls," now a much-looked-forward-to occasion among the Bandra children. There is music, carols, an active bazaar, enjoyable games, high-energy performances, and a boisterous Santa, and it has become a festival of cheer and togetherness.

There is a signature festival in every college. St Pauls has Mediathon, a two-day celebration of games and fun, solidly rooted in a theme that probes communication. This year's was Dil-Illusion, humorously interpreted through the lens of love and relationships, and presented through painstakingly selected sessions of the reality of a mediated world. It was an amazing mix of talent and energy, with representation from some of the city's best media colleges. Hubs of excellence, indeed; St Pauls is reaching it quicker than anticipated.

The students' articles this year are also very excellent. The industrial tours to Amritsar and Chandigarh were so graphically described that one wishes one had been there. From the Wagah Border to prominent radio and publishing houses, the experiences were conveyed with subtlety, acuity, and flair.

The same applies to the Outreach section. Empathy, accompanied by sensitivity towards privilege, is a defining characteristic of our students, expressed in the activities which they adopted. A blood donation camp, tree planting to thwart pollution, Independence Day celebrations with a spirited lezim pro-

cession, an AIDS awareness campaign, and a visit to Shanti Avedna Ashram in Bandra, a hospice for AIDS and cancer patients, were all well-attended by students. Their dedication made us proud.

Just as impressive were the cleanliness and hygiene campaigns. Wherever it was, whether a beach, a railway station, or a neighborhood, our students rolled up their sleeves and got to work with incredible determination. These were dirty, grueling jobs, but the energy and flair with which they did it, and subsequently wrote about it, was impressive.

And of course, there is politics, generally considered to be as far away from student life as can be. But our girls came into play, arranging a voter registration campaign, slowly but surely making the importance of it clear and walking individuals through the procedure. Another highlight was the trip to Vasa village in Talasari district, where students spent two nights, interacting with the tribal populace and working toward small but significant change.

All this, and studies as well! St. Pauls College for Women is still producing great results, with students gliding effortlessly into internships and even employment right after graduation. They learn to be dead serious about fun, and vice versa, they inject fun into serious matters as well. Maybe that is the reason why I think that they have already found the ideal work-life balance.

Don't just believe me. Visit and find out for yourself.



Carol Andrade
Dean



Principal's Message

I am pleased to write a few lines for the third edition of Explorations (AY 2023–24).

A seeker or navigator, while searching for something valuable, goes whole hog to explore. This attitude lies at the core of media, communication, and management. Since the world is progressing steadily in these fields, it is necessary for faculty and students alike to stay abreast of the new developments.

In our college, there have been special initiatives to intensify awareness of research activities, particularly this academic year. Staff and students are motivated to participate in workshops, seminars, and conferences, as well as to deliver research papers, all sponsored by the college.

We are committed to the all-round development of our students equally. The college this year successfully registered with the National Service Scheme (NSS) of the University of Mumbai. As a result, various extension activities and community projects were undertaken, among which was a complete NSS camp in a tribal village of Talasari.

I need to put on record that this academic year has witnessed the maximum number of events and programmes for students and faculty members. It has been the most interactive year of SPICEFW so far, due to the efforts of our faculty members, the perse-

verance of our non-teaching staff, and the energy of our curious students. Together, they have enabled us to achieve the ambitious plans outlined in our academic calendar for 2023–24.

There is an increasing need to delve deeper into media studies and management so that we can refine our attention to these fast-developing fields. This is particularly significant for our college, as educating in these fields is at the heart of what we do.

I would like to end with a tale of Justice Holmes and Professor John Dewey. Holmes once made the comment, “Professor Dewey, I believe your early writing was more lucid than your later work.” Dewey answered, “Yes, then I was excavating three inches deep; now I am attempting to excavate three feet deep.” Holmes replied, “Ah yes, when I have taken time to think, I am very clear.”

May this issue of Explorations, and those that follow, still be reflective of that depth, going deeper into academic endeavors and bringing sense to the realms of management and media.



Fr (Dr) Plavendran
Irudayasamy
Principal



Vice Principal's Message

Young minds are curious and delight in doing adventures. When we say young minds, we don't refer to those under 30 but to those with 'Exploration' in their hearts; those with a 'never-say-die' spirit. They are go-getters! They constantly try new things, fail a number of times yet don't give up easily.

They may not be crowd-pullers or attention seekers. However, they are laser-focused on what they believe. They do what they love.

They are constantly inflamed with Explorations!

Congrats to all those who are part of this this edition of Explorations. While many enjoyed and slept in their cosy beds and AC rooms, you guys took a different path and exploded with creativity and enthusiasm. They love to explore, excel and expand wherever they go. I trust the pages that follow will inspire you ignite your neuro-chemicals and drive you to explore new frontiers and conquer greater heights in the field you are in love with. Young friends! Pause, Press forward or Skip, if needed to but never stop playing nay exploring! All the best and a great journey ahead!



Fr Renold Pascal
SSP
Vice Principal



Partnerships & Collaborations

Sailax Group - Study in Australia
Duration: 19 June 2023 - 30 June 2024



Patrician College of Arts and Science,
Adyar, Chennai, Tamil Nadu
Signed MoU
On 18 Dec 23

Jyoti Nivas College Autonomous,
Bengaluru, Karnataka
Signed MOU for academic collaboration
On 25 Oct 23



St. Xavier's College of Management & Technology, Patna
Signed MoU
On 30 Jan 24



Faculty Paper Presentations

1. Ms. Yashashree Mhatre

Research Paper Title - “Exploring the influence of AI chatbot on online buying and consumer decision making process in Mumbai metropolitan region”

2. Mr. Vighnesh Shaji

Research Paper Title – “AI News Anchors: An exploratory study of integration and challenges in Indian and global news-room.”

3. Ms. Rashmi Raja

Research Paper Title – “Challenges of big data faced by communication researchers: A survey.”



Student Toppers

TY BAMMC



Riva Sugandhi
CGPA- 9.80



Roshni Sanghani
CGPA- 9.70



Pooja Patre
CGPA- 9.45

SY BAMMC



Christelle Alphonso
CGPA- 9.80



Srishiti Sengupta
CGPA- 9.80



Sayali Joshi
CGPA- 9.60



Khushi Koli
CGPA- 9.60



Megha Sharma
CGPA- 9.50

FY BAMMC



Vaishanavi Kumar
CGPA- 9.45



Abigail
Mascarenhas
CGPA- 9.20



Netra Sharma
CGPA- 9.10



Student Toppers

SY BMS



Naquiyah
Mithaiwala
CGPA- 9.70



Shivaanshi Singh
CGPA- 9.25



Ridima Jain
CGPA- 9.00

FY BMS



Fuatina George
CGPA- 9.45



Valencia Rodrigues
CGPA- 9.40



Alina Lakhani
CGPA- 9.10



Events

FY Orientation: The orientation filled the new group of BAM-MC students with confidence and optimism. It equipped them with the information necessary for academic life transition and also presented the blueprint for a fulfilling college experience. With guidance and encouragement, the students were geared up to start this new adventure of their lives.



Katha Ghar: Our students exemplified excellence by screening engaging and thought-provoking short films at the Katha Ghar event. Every film portrayed effective storytelling, professional techniques, quality performance, and considerate direction. One of the excellent short films, Intezaar, was even entered into the MAMI Film Festival.

World Youth Skills Day: This day enabled students to build useful skill sets for personal and professional development. Music Therapy, Female Wellness, and Financial Literacy sessions prepared them to adjust to life situations and needs.



International Youth Day: A Moot Court Competition was held to commemorate International Youth Day. Third Year Journalism students showcased courtroom manners and advocacy skills in what was really a grand event.



Independence Day Celebration: The 76th Independence Day was celebrated with massive patriotism through cultural activities such as dance, music, poetry, quizzes, and oration. Both postgraduate and undergraduate students were a part of this outstanding display of India's rich cultural heritage.



World Photography Day: "Picture this, a thousand words can't say as much." Students discovered the marvels of photography under the topic Understanding Clouds. There was a competition in three genres: street portraits, abstract black and white, and product photography.

Freshers: "Every Night is girls' night" from Barbie or "Now I am become Death, the destroyer of worlds" from Oppenheimer? The most electrifying and thrilling freshers party of all time was based on the theme of none other than Barbie and Openhiemer!



Teacher's Day: Memorialized with the quintessential 90s Bollywood theme, students danced to classic tracks, enacted skits, and relived the charm of romance, drama, and iconic dialogues. It was a heartfelt dedication to the teachers, our beacons of guidance.

Inauguration of the Semester: When the academic year commenced, the curriculum and academic calendar were shared by program coordinators. The student council was inducted formally alongside guest talks and cultural shows.



Classroom to Boardroom: Organized by the Management Department, the event brought into focus the significance of the BMS course. Experts from the management sector presented insights, motivating students to comprehend practical applications.



Co - Curricular Sessions: Guests were invited to engage with BAMMC students on issues like media revolution, investigative journalism, and personality development. Students gained industry-level skills through these sessions.



Environment Day Celebration: Students took a trip to the Maharashtra Nature Park, where they were guided through the uses and medicinal properties of different trees and plants. The day provided students with a very rare experience of associating with nature in its true form.

International Yoga Day Celebration: Yoga teacher Ms. Saloni Rajawat organized a rejuvenating session that enabled students to de-stress and relax both body and mind. The serene one-hour session served as a reminder of the significance of balance in everyday life.



Hindi Bhasha Diwas: 'मेरा मान है हिंदी, मेरी शान है हिंदी' The theme of Hindi Bhasha Diwas was commemorated through a lively exhibition of dance, song, drama, and poetry by undergraduate students in remembrance of the acceptance of Hindi as an official language of India.

World Mental Health Day: It was a day of significance that was commemorated in order to make people aware of emotional and psychological health. It provided students with an opportunity to sit back, introspect, and identify methods of overcoming the tribulations of contemporary life.



Swachh Bharat Abhiyan: Inspired by the motto of Mahatma Gandhi, "Cleanliness begins with the individual, but it must not end there," the college conducted a thorough cleanliness campaign, solving environmental, social, and health issues to construct a sustainable India.



Garba Celebration: The celebration was all sparkles, glitzy attire, and musical rhythms. Students danced to their hearts' content, bringing the celebration to life with joy and hues.



Human Rights Day: As quoted by Eleanor Roosevelt, "Where, after all, do universal human rights begin? In small places, close to home." Students conveyed their thoughts on human rights through emotive and innovative poster-creation.

2nd Chapter-Literary Fest: The Literary Committee, Magazine Committee, SPCFW Library, and Student Council hosted an intercollegiate literary competition to revive the reading pleasure. The activities on the day consisted of book and movie reviews, book cover design, Living Pages (Mono Acting), Wordplay Quest (Quiz), and Spoken Canvases (Open Mic).



Republic Day Celebration: The 74th Republic Day was celebrated as a symbol of pride and unity in India as well as to remember the values enshrined in our Indian constitution.

World Radio Day: Students went to Acharya 90 FM, a community radio station. Professors Ms. Yashashree Datar and Ms. Rashmi Raja had an interactive discussion with Dr. Yogesh Dhanjani on how radio can be used as an educational tool. Students learned about the work of RJs and the type of shows they present.



Management Frontier: On National Management Day, the Management Department organized its annual fest with a series of enjoyable but educational games. Every activity contained lessons in learning, earning, and leadership, and thus the event was both fun and insightful.



Marathi Bhasha Diwas: The campus was filled with celebrations as students wore ethnic Maharashtrian clothes. A well-known Marathi actor honored the event as judge for the mono act competition, where students had the opportunity to display their phenomenal talents.



Women's Day Celebration: The five-day Women's Day fest celebrated femininity with enthusiasm and creativity. Every day had a specific theme like Character Day and Traditional Day. Students were also awarded for their commendable contribution to the college.

Convocation Ceremony: Graduating class 2023 bade goodbye to their college years in their parents' presence. They were awarded certificates amidst smiles, laughs, and memories of college days. They were wished good luck for their future by the teachers.



Farewell Party: The 2024 batch of graduates said goodbye to college life as their juniors held an emotional and spirited farewell for them. With dance routines, songs, games, and a moving flashback video, the event concluded on a nostalgic note.



Major Events

NATIONAL CONFERENCE
 On 29 November 2023, St. Pauls College for Women, in association with the College of Social Work – Nirmala Niketan, organized its annual National Conference at St. Pauls campus. The theme for the year was Artificial Intelligence and its Impact, and there was keen interest on part of the faculty, scholars, and students. The half-day event included workshops delving into the relationship between AI and education, and technical parallel sessions. It was a moment of glory for the college as some of its faculty members presented their research papers in front of a very interested audience.

The presentations of papers were initiated with BAMMC Program Coordinator, Ms. Yashashree Mhatre, whose topic was “Exploring the Impact of AI Chatbots on Mumbai Metropolitan Region’s Online Purchase and Consumer Decision-Making.” This was followed by Ms. Rashmi Raja, faculty at BAMMC,

News Anchors: An Exploratory Study of Integration and Challenges in India and Global Newsrooms” that generated the highest number of questions in the Q&A session. Finally, Ms. Mitali Sankhe, Faculty BMS, gave her paper on “The Role of Artificial Intel-



ligence in Customer-Centric Marketing in the Retail Sector.”

Besides the faculty, experts from other institutions participated both online and offline, enriching the discussions. The conference ended with closing remarks from the moderator, who thanked the organizers for the privilege of facilitating such a thought-provoking discussion. For the volunteer students, the conference was both enriching and enlightening, providing them with hands-on experience of the changing role of AI in education and media.



whose work on “Big Data Challenges for Communication Researchers: A Survey” was presented. Mr. Vighnesh Shaji brought to the fore his paper “AI



CHRISTMAS AT ST PAULS

Campus was aglow with festive cheer from 14 to 19 December 2023 as St Pauls College for Women celebrated its eagerly anticipated Christmas celebration. The week was a mix of fun, outreach, and a sense of giving true to the spirit. A highlight of the fest this year was the Carol Singing Competition, where soulful performances stole the show and winners went home with handsome prizes. The festivities also comprised significant outreach programs. On 14 December, students went to a girls' juvenile centre, played games, and heard touching life stories shared by the inmates. On 18 December, they went to an orphanage, handing out chocolates and filling hearts with joy. Their visit put everyone in mind of the childlike magic that Christmas has to offer.

The college also held a blood donation camp in association with Holy Family Hospital, where students and faculty alike donated altruistically to the cause. The fest ended with a visit to Shanti Avedna, a cancer care center, where students spent time with patients—true fighters in their fight—and returned with a fresh perspective on gratitude for health and life.

The showstopper was the Christmas Carnival, organized by postgraduate student Ms. Anupama Ghosh and undergraduate student Ms. Srishti Sengupta. The college grounds were aglow with lights, bells, and



stars as the evening unfolded with dance, music, and games. The glamour heightened with the presence of celebrities Ms. Pooja Bhatt and Mr. Denzil Smith. With carols, performances, and joyful camaraderie, the fest beautifully wrapped up the year and wel-



comed the new one with open arms.



MEDIATHON 2024

On 16 and 17 January 2024, St. Pauls College for Women hosted its annual intercollegiate media fest, Mediathon, under the theme “Dil-Illusion: A Love You’d Never Imagine.” The fest explored unconventional love stories by blending Bollywood and Hollywood characters, making it one of the most unique editions yet.

Mediathon’s success was due to the relentless work of the best core team, volunteers, and faculty. The fest started with the grand entrance of contingents, followed by an inaugural ceremony and a special dance show.

Day 1 had a wide range of events such as art relay, treasure hunt, drama competitions, and so on.



Day 2 started with the same energy that was contagious, setting up to the much-awaited flagship events—the fashion show and dance competition. Mediathon gained sponsorships from a record 17



brands in metro cities for the first time, along with bustling accessory and food stalls that attracted huge traffic.

The fest ended with a rocking award ceremony and the singing of the legendary Mediathon anthem:

“Level on, level on, it’s time for Mediathon!” The whole event was a celebration of creativity, talent, and teamwork, and everyone was waiting for the next edition.



INDUSTRY VISIT 2024

The industrial visit every year was an overnight trip that lasted six days covering Amritsar, Ludhiana, and Chandigarh.

The tour was started with an overnight road trip that was immersed in music, laughter, and camaraderie.

the Attari-Wagah Border, where the students experienced the legendary parade and gate ceremony. A visit to the Golden Temple was a magical and an unforgettable experience, followed by local shopping and food exploration.

In Chandigarh, students visited various industries.



Day 3 involved significant site visits to Jallianwala Bagh, Amritsar Swadeshi Textile Corporation, and

They visited a soap factory in Ludhiana and the Tribune newspaper printing press, learning about the media industry. They also visited the Rock Garden and Red FM studio, where they met radio professionals and gained insights into broadcasting.



The trip was ended with shopping at Sector 17, after the students said goodbye to Chandigarh with memories. The industry visit effectively combined learning with cultural exposure, making it both educational and memorable.



Outreach Programs under NSS

1. **Blood Donation Drive:** The students along with the two NSS program officers at the Andheri railway station aimed at receiving an enormous number of participations of the general public at donating blood for a greater cause that would cater to the society. This blood donation drive hosted by St Pauls College for Women was conducted in collaboration with Jag Jivan Hospital. The students under the supervision of the NSS PO(s) collected 120 units of blood. They did a great job and gathered a lifelong experience that is unparalleled to any.
2. **Session on Cardiac Arrest prevention:** The session started with the host welcoming the attendees to the event which followed by felicitation of the guest speaker to the college by our NSS program officer, Ms. Yashashree Mhatre. The prevention of cardiac arrest session focused on various strategies to reduce the risk of cardiac arrest. The Guest speaker also gave training to the students as to how to tackle a situation in case they come across one through live representation of CPR dummies. Overall the session aimed to raise awareness and provide actionable steps to prevent cardiac arrest
3. **Independence Day celebration:** The grand day began with a stirring March Past performed by Duruelo Convent High School students. This was followed by the Chief Guest Commodore Harshad Datar, retired Indian Navy officer, hoisting the Indian national flag. Thereafter, students and guests gathered in the Alberione Hall where the event officially began with the celebration as they indulged in the sense of independence in different forms, including the iconic seven sisters dance performance, the poetic journey of Independence harmonized with visual representation, and singing and dance performance echoing patriotism.
4. **Meri Mati Mera Desh:** The students, in their cheery spirits of Prabhat Pheri, carried their posters and circled around the block to chant the 'Pedh Lagao, Desh Bachao' slogan to create awareness about the concerning issue of decreasing number of trees and the impact it has on the survival of human beings. After returning from the rally, the students proceeded for the tree plantation drive at two BMC-run schools. This was followed by all the students taking the NSS pledge, which concluded the event.
5. **Beach Clean-up:** On Sunday, 4 February 2024, the NSS Volunteers gathered at the Carter Road beach, Bandra, and the event in charge instructed the volunteers and motivated them to their respective duties. All the volunteers did an effective job and cleaned up the beach and the mangroves. The event in charge, at the end, appreciated the efforts and wished all the volunteers good luck for the future.
6. **Clean up drive:** The students of the college also conducted a clean-up drive at Nargis Nagar where they made sure that all degradable and biodegradable wastes were segregated and worked effectively. The students showed great dedication with their little effort in making society a cleaner and better place for everyone. This was concluded with a note of appreciation from the NSS Program Officer as the students concluded with the NSS clap.
7. **Sanitary Napkins collection drive:** The students collected over 100 sanitary napkins from all the students of the college, which were aimed to distribute at Talasari. Not only did they collect the sanitary napkins, but while they distributed them, they also mentored the women in the village about its benefits and its use.



8. **AIDS Awareness Day:** The host welcomed all the attendees to the session, and then the program was inaugurated by the NSS Program Officers. The students came across an insightful session on AIDS awareness where they understood how they can cater to society if they come across someone who suffers from the same. The students also got to know about their roles and responsibilities as responsible citizens of the country. The event was then concluded by students sharing their experiences and takeaways from the session. The student council secretary then called off the event with taking the NSS pledge regarding the AIDS Awareness Day.

9. **Visit to Juvenile Centre:** The students, along with the teacher in charge, visited a girl's juvenile centre where they played games and danced to the tunes of Christmas as they visited during the festivities of Christmas. The girls there were not left empty-handed as they were given a token of love, and the students shared a different kind of experience which will be forever etched in their hearts.

10. **Human Rights Day Celebration:** The students indulged in a beautiful poster-making competition resonating the theme of Human Rights Day. The judges witnessed various amazing pieces of art as there was also a great number of participants from all the classes of both departments.

11. **Visit to Orphanage:** The visit to the orphanage was scheduled on 18 December 2023, when the St. Pauls students went and spent a joyful time with the kids of the orphanage. They shared smiles and stories with the kids as the students of the college celebrated the spirit of giving as they shared love and kindness.

12. **Blood Donation Drive:** The students volunteered in the blood donation drive that was organized in collaboration with Holy Family Hospital. Some of the students helped in conducting this blood donation drive, whereas some students went forward and donated their blood for those in need. The students thoroughly enjoyed their experience out of the

textbooks as they were indeed a part of a noble deed.

13. **Visit to Cancer Centre:** The students visited Shanti Avedna, the cancer home hospital. The students spent some quality time with the residents of Shanti Avedna as they all sang together to the tunes of Christmas and gathered an experience that they shall remember for life. This place made the students realize that people should be living with a positive mindset and a happy attitude.

14. **Republic Day celebration:** The students celebrated Republic Day as the principal of the college hoisted the flag and inaugurated the event. Students performed dances and songs with a feeling of patriotism towards India. Our teachers shared great insights about the country that the students were highly interested in noting. The students sang the national anthem in one voice as they saluted and paid regard and respect towards the ones who serve our country.

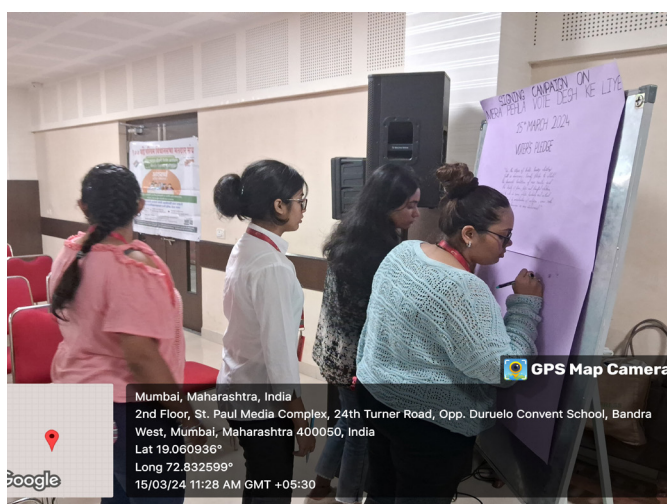
15. **First Aid Training:** On Thursday, 15 February 2024, a session was conducted by Ms. Cheryll Rebello from SNDT University on how to give CPR in case of a person falling down due to sudden cardiac arrest. All the NSS Volunteers, along with the students, learned the whole process of conducting CPR. They also got to learn the do's and don'ts while performing CPR. Students got their questions answered by Ms. Cheryll as the event was called off.





16. Women's Day Sports meet: The NSS unit organized a vibrant sports day filled with various competitive events and activities. Participants showcased their skills and sportsmanship in events such as races, relay races, tug of war, and other team games. The day was marked by enthusiasm, camaraderie, and healthy competition, promoting physical fitness and teamwork among the participants. Awards and recognition were given to outstanding performers, encouraging a spirit of excellence and participation in sports within the community. Overall, the sports day was a resounding success, fostering a sense of unity and celebration among the participants.

17. Voter Registration Drive: The National Service Scheme (NSS) Unit conducted a voter registration campaign aimed at encouraging citizens to register for voting. The event featured sharing knowledge about the civil and political rights, duties, and privileges of the voters, provided guidance on the registration process, emphasized the importance of voting, and distributed informational materials.



The campaign aimed to increase voter participation and civic engagement within the community.

18. Electoral Literacy Drive: The host of the day started this session with the felicitation of our guests, Mrs. Medha Pradeep Kamde, the Nodal Officer of SVEEP of the Election Commission of India, and Mr. Prasad Acharekar from the Election department.

Amongst roaring claps, Mrs. Medha Pradeep Kamde gave a welcoming speech to the students present. Our faculty, Parth Painter, presented a snippet about the flow of the election. Two engaging activities were conducted for the students—a signing campaign for first-time voters and a quiz that challenged the minds of students and tested their knowledge about the awareness of election elements. As the session concluded, an oath was taken by the students about being responsible voters.



19. Health Checkup Camp: The health and well-being of the students are of utmost concern to the college. Hence, the NSS unit of the college conducted a free health check-up camp where a huge number of participants were witnessed. The camp included a general check-up, blood pressure check-up, hemoglobin test, sugar test, and, last but not least, height and weight check. This was well appreciated by the students.



NSS CAMP – VISIT TO TALASARI

From 3 to 9 December 2023, the NSS Unit organized its annual residential camp at Vasa village, Talasari District.

Students and faculty members were warmly welcomed and took part in a series of outreach and awareness initiatives to cater to the needs of the community. Tasks involved cleaning the community college, surveying, and village cleanups. Students painted the school walls in the village and conducted a seminar on menstrual health, distributing sanitary pads among women and girls.

Environmental consciousness was tackled with a plastic recycling session conducted by NGO Go



Shoonya, and a street play on child marriage done by volunteers. The camp ended with an interactive Warli painting workshop, which provided students with a greater appreciation of the region's heritage.

The camp was not just service—it was a togetherness experience, an empathy experience, and a cultural learning experience. Students went back with a new sense of direction and a determined commitment to keeping the NSS spirit alive.





Life At SPICE

Life at St Pauls College is not limited to the confines of classrooms and lecture theatres; it is informed by the individuals who introduce energy, warmth, and purpose into every day. Both staff and students combine to create an environment where academics harmoniously coexist with creativity, laughter, and individual development.

Our staff, for example, are never merely teachers. Yashashree Ma'am loves organizing events and interacting with her colleagues, going out of her way to form connections that enhance her learning. Vighnesh Sir, the head of the magazine, literary, and PVD committees, enjoys his triple roles that enable him to write, edit, and engage with students in different ways. To Parth Sir, working in the placement and incubation team is especially satisfying because it allows him to mentor students at an industry level. These additional responsibilities keep the faculty actively engaged in the pulse of college life and make them bond beyond the classroom.

The student-teacher bond is seen in the manner in which each class is recalled. Parth Sir calls FY BAMMC "notorious," while Marie Ma'am considers them "enthusiastic." SY BAMMC is near and dear to Marie Ma'am's heart, while Yashashree Ma'am appreciates their "focus and curiosity." TY BAMMC, as seen by Vighnesh Sir, is "smart," and for Mitali Ma'am they have a "YOLO" attitude. FY BMS, as "sober and charming" as called by Karishma Ma'am, is as "fun-loving" for Mitali Ma'am. SY BMS, being the pioneer batch of the department, is close to Mitali Ma'am's heart as she lovingly refers to them as "my babies," and Yashashree Ma'am finds "great potential" in them. These initial impressions tell not just about the nature of each batch but also about the love with which faculty approach their students.

Memories lend a greater value to these impressions.

Fr. Renold cherishes the time spent organizing college fests such as Mediathon and Christmas at St Pauls, where the process itself is so much fun and full of life. Mitali Ma'am shares a close relationship with FY BMS, who lovingly refer to her as "Choti Maa," and with SY BMS, where she is a guiding light and mentor. For Parth Sir, after-movie classes with SY BAMMC are still moments to remember in terms of teaching, and Vighnesh Sir will never be able to forget the time FY BAMMC playfully asked him to wear earrings on Teachers' Day. Marie Ma'am confesses that she once thought she would not be able to relate to TY AD, but the connection she finally made with them proved to be one of her sweetest moments. These are memories that illustrate that learning here is as much a matter of shared laughter and discovery as it is of academics.

Collegial relationships among the faculty are also strong. They speak of each other in terms that bespeak admiration and trust: Fr. Plavendran is the "Principal of Principles," Fr. Renold is "outstanding in his job," and Rashmi Ma'am is revered as the "best boss" and "energetic." Mitali Ma'am is regarded as "fun-going and outgoing," while Karishma Ma'am is "calm-minded" and "a shoulder to lean on." Parth Sir is appreciated for his advice, and Yashashree Ma'am for her marketing excellence. These phrases reinforce the camaraderie and respect that characterize life behind the scenes of St Pauls.

Teachers also look back and ponder on how students remind them of their own university days. Karishma Ma'am looks at herself in her diligent group of SY BMS, while Rashmi Ma'am is taken back to her student days by the little things of campus life—the aroma of lunch boxes, drowsy afternoons, and even the periodical bunked class. For some, this transition from industry to academia has been a life-altering experience.



Though Yashashree Ma'am does confess she misses some things about life in the industry, she'd still opt for teaching in a heartbeat. Vighnesh Sir, however, maintains he has no regrets whatsoever, preferring the much better balance and higher sense of satisfaction in the classroom to what he'd experienced in industry.

Students also spin their own unique memories and traditions into campus existence. The SY BAMMC batch has made their rousing chant of "NO" an unofficial class tradition. For Risha, the basketball court and the library are favourite hangouts, providing peace and friendship alike. Daily commutes are all different—Sameeha travels the long distance from Navi Mumbai, while Riva, an outstation student, is privileged to live within walking distance of the campus.

Their relationship with teachers is frequently characterized in emotional terms. Aasthajita passes on that professors become like parents outside home, always willing to direct, motivate, or merely lend an ear. For Ishita, who describes herself as an introvert, project work and assignments have made her venture out of her comfort zone, making college life "exciting." Manasi Jadhav puts it into one word—"experience"—recognizing how college life has molded her growth. Student life is also characterized by special memories.

For Sameeha, it is college fests and Mediathon that are highlights of happiness and learning. Tamana eagerly anticipates the opportunity to screen movies in class and attend special screenings, while Nicole remembers learning to make speeches and lead others as a class representative. The friendships also get their soundtrack—Diya devotes "Jaane Kyu" from Dostana to the friendship she has developed with her friends.

Alumni take these experiences with them to their working lives. St Pauls alumna Zaina Afzal Kutty, currently a journalist with HW News Network, attributes her writing and event management skills to her days at St Pauls, while Nafisa Mamuwala, founder of Ad-wise Monkeys, remembers how organizing events as a student put her in good stead to head her own digital marketing agency. Both graduates highlight the enduring strength of encouraging professors and the lessons of resilience, leadership, and confidence gained during their university days.

Lastly, the literary interests of our students are a testament to the scope of their inquisitiveness. From Simone de Beauvoir's *The Second Sex* to Keigo Higashino's *Devotion of Suspect X*, from Maya Angelou's *I Know Why the Caged Bird Sings* to Amish Tripathi's *Shiva Trilogy* and Yuval Noah Harari's *Sapiens*, their suggestions reflect that reading at St Pauls is diverse as it is reflective. These books entertain as well as challenge one's point of view, foster empathy, and enhance understanding.

Together, these voices—students, teachers, and alumni—offer a picture of life at St Pauls that is rich, vibrant, and indelible. It is a community where learning is infused with laughter, duty intersects with imagination, and where each memory, whether small or large, becomes part of a shared story of growth and belonging.

The last academic year at St. Paul's has been a process of growth, creativity, and collaboration. All the committees made a unique contribution to the rich campus life, and memories will linger long after events have passed.



Teacher's Section:

What are the other responsibilities that you enjoy other than teaching in college?

Answer: Yashashree Ma'am- 'Coordinating events, loves being part of events. Coordinating with other faculty members about lectures and visiting other colleges that build network which enriches knowledge.'

Vighnesh Sir- 'Enjoys being the head of the magazine committee, literary committee, PVD committee and being the content writer for the college, as these roles are fun yet challenging. Also, it gives an opportunity to interact more with students.'

Parth Sir- 'Loves being a part of the placement and incubation team because that gives a scope to interact with the students at an industry level.'

First thought for each class.

Answer: FY BAMMC: Parth Sir- "Notorious"; Marie Ma'am- "Enthusiastic"

SY BAMMC: Marie Ma'am- "My class"; Yashashree Ma'am- "Focused & Curious"

TY BA MMC: Vighnesh Sir- "Smart"; Mitali Ma'am- "YOLO – You only leave once, the batch resonates this vibe";

FY BMS: Karishma Ma'am- "Sober & Charming"; Mitali Ma'am- "Fun loving"

SY BMS: Mitali Ma'am- "My Babies, because they are the first batch of BMS department"; Yashashree Ma'am- "Great Potential"

One memory of each class that has stayed with you.

Answer:

Fr. Renold- "For all batches, my favourite memory has been preparing for the college fests- Mediathon, Christmas at St Paul's etc, because the process itself holds so many small fun experiences and we have very enthusiastic students."

Mitali Mam- "I don't know for what reason, but FYBMS has officially labelled me "Choti maa", so I'm maternal figure to them here, and I'm the class mentor for SYBMS, so they always seek me out for industrial advice and career advice, in both batches I

play some form of a guide." (for FY BMS)

Parth sir – "The discussions we have after I show them films in class, is always something I enjoy, and those discussions are always something I look forward to." (for SY BAMMC)

Vighnesh sir - "When they made me wear earrings for teachers' day." (For FY BAMMC)

Marie mam (TY AD)- "I always thought I wouldn't get along with TY AD for some reasons, but fortunately we've reached a place where I gel well with them, they are a receptive class and it's been nice to grow into having a sweet bond with them."

Describe each of your colleague in the college.

Fr. Plavendran: Vighnesh Sir – "Principal of Principles."

Fr. Renold: Yashashree Ma'am – "Great in Marketing."

Yashashree Ma'am – Fr. Renold – "Hardworking." / Rashmi Ma'am – "Best boss"

Karishma Ma'am – Fr. Plavendran - "Calm minded" Marie Ma'am – Parth Sir – "Supports and acts as a helping hand."

Rashmi Ma'am – Mitali Ma'am – "Fun loving & outgoing person."

Mitali Ma'am – Karishma Ma'am – "A shoulder to rely on."

Vighnesh Sir – Fr. Renold – "Outstanding in his work"

Parth Sir – Rashmi Ma'am – "Energetic."

Does looking at your students currently remind you of your own college days? What similarities or differences do you note?

Answers: Karishma Ma'am: yes definitely! We see ourselves in them. Students are my traffic signals and they are my emotions. Sy bms batch are hardworking and I completely resonate with them

Rashmi Ma'am: Yes, a lot! smell of different lunch boxes, someone has a headache, someone wants to sleep, bunk classes.



As you have been a part of the industry, do you miss your industry life being a full-time professor?

Vighnesh sir: “No, I left the industry so that I can become a professor. I love teaching and I find better work-life balance here in comparison to the industry.”

Yashashree Ma'am: “I miss some aspects of working in the industry, but if given a choice I'd always choose teaching.”

Student's Section:

What is one official/unofficial tradition you have in your batch?

Answer: Kashish Thakkar – “Us the class of SY BAM-MC, since our first year, whenever we cannot hear someone, we scream NO, and started off as an official thing to keep everyone quite but now it's pretty much an unofficial thing.”

What are some of your favourite places to hang out at in college and why?

Answer: Risha – “My favourite place to hang out in college is the basketball ground because it's very peaceful there and I can sit with my friends to talk. The next place would also be the library.”

What does daily commute to college look like for you?

Answer: Sameeha- “I travel from Navi Mumbai everyday so it is very tiring and very chaotic.”

Riva- “Traveling has never been an issue for me, because I'm an out-station student and I've been privileged enough to stay in walking distance to the college.”

How would you describe your overall bond with your teachers?

Answer: Aasthajita - “They are what keeps us going. They are friendly and there is absolutely no hesitation in discussing anything with them even if it's your life problems. For outstation students especially teachers are like parents for them. They give a homely feeling which is a very beautiful bonding. Outsiders especially feel a strong bond.”

If you could use one word to describe your college experience, what would it be?

Answer: Ishita- “In one word “exciting”. And to explain better, I have been a part of so many assignments now and been involved in the whole process. All this is something I have never done before and also makes me get out of my comfort zone. I am an introvert and surprisingly enjoying this and being able to figure out my likes and dislikes.

If you could use one word to describe your college experience, what would it be?

Answer: Manasi Jadhav – “The word has to be ‘experience.’ The numerous things I've got to learn here, I never imagined that I would outgrow so much.”

What is that one thing that you look forward to the most when you are at college?

Answer: Tamana – “I think we get to watch a lot of movies in class without buying tickets or getting any subscription. Also, we get to be a part of certain special screenings, so that is very exciting.”

What is that one memory that you associate with college the most?

Answer: Sameeha – “it has to be the college fests. It can be the fests we are being a part of or our very own Mediathon. It's fun to meet new people and gather so many different experiences.”

What is your best learning experience that you have garnered from the college?

Answer: Nicole – “I got the opportunity to be the CR of the class in FY and that did help me to come out of my shell and speak in public.”

If you could dedicate one song to your friends at college, what would it be and why?

Answer: Diya – “It has to be ‘Jane Kyu’ from the movie ‘Dostana’ because surprisingly that is the kind of bond I have created in college with my friends.”



Alumni Acknowledgement

Link of the form:

https://docs.google.com/forms/d/e/1FAIpQL-SeawvnEwlQT0Wx1OkbK7O8_5tdMRnoPTD-LyZ41xG_qa0heb9w/viewform?usp=sf_link

Tell us a bit about yourself and your job role.

Zaina Afzal Kutty – I initially started my role here as a trainee reporter and did anchor stories for the channel. Consequently my role became of a reporter who writes news stories and articles for the company's website and app.

Nafisa Mamuwala – I graduated from St Pauls as a BAMMC- Ad student, soon after which I went on to start my own Digital Marketing Agency in Secunderabad. My job role typically juggles from being a copywriter, content writer, Social Media Marketer and a Graphic Designer.

What were the opportunities that the college provided you that helps you in your professional life?

Zaina Afzal Kutty – The college gave me opportunities to manage and handle events and also an opportunity to work in the college magazine. These are some skills that helped me to write, manage, and sort my tasks at work.

Nafisa Mamuwala – St Pauls as a college gave me a lot of opportunities through various practical assignments, events, and fests wherein I got the opportunity to lead these events as the Events head, PR head, etc., which indirectly unlocked my potential of being a good leader and managing situations tactfully, which now helps me perform better under pressure and moreover gives me the confidence to be able to lead my own company.

Share some learning that you have gathered that sets you apart in your profession.

Zaina Afzal Kutty – The most important thing I have learned is to always have a plan 'B', and no matter what's going on around me, I tend to focus on my work and complete my work on time.

Nafisa Mamuwala – The live examples that are discussed, the unique activities and assignments that are

brought to the table to understand a concept easily, and the way we are trained to finish assignments in the given time, and most importantly the work ethics that are inculcated with each lecture, really stays with you and helps you get closer to your goals in your professional life.

What do you enjoy the most about your work life?

Zaina Afzal Kutty – What I love the most about working here is everyone here falls almost in the same age group as me, which makes socializing easier. Despite being a newsroom, the environment here is pretty chill.

Nafisa Mamuwala – The part where I get the creative freedom, the connections I build, and most importantly, I get to run my own company.

How helpful were the teaching and experiences of your professors for you?

Zaina Afzal Kutty – They were very helpful, as some teachers were more of a friend than a professor, which helped ease myself into the real world.

Nafisa Mamuwala – The professors have been more than helpful and have truly helped me become the person I am today. They have always motivated me and showed confidence in me to be able to always do bigger and better things in life. I wouldn't have been where I am today without their constant guidance and support. Extremely grateful to have them as my mentors for life. They have undoubtedly played the perfect role of being a friend, philosopher, and guide. One tip you would give to your juniors as a professional in the industry.

Zaina Afzal Kutty – Never doubt yourself, you know what's best for you. Go with the flow, but always have backups and backups for your backups.

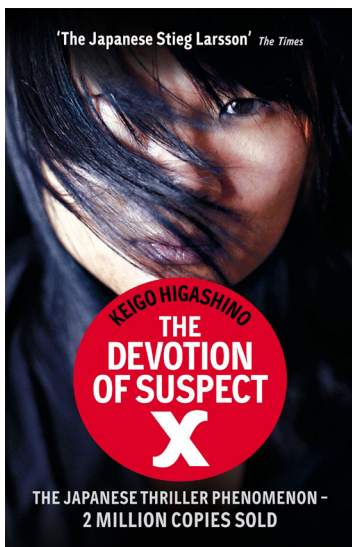
Nafisa Mamuwala – Experience, enjoy, and work as hard as you can for every event, assignment, or fest because that's exactly what you have to do in the real professional world, and those experiences help you grow and definitely set you apart from others.



Literary Recommendation

Khushi Koli – SY BAMMC

Devotion Of The Suspect X – Keigo Higashino – This book is simply written with a bit of Japanese culture. The writer effortlessly keeps you hooked till the end the character development is very smooth and makes you keep thinking about what would happen next. The characters are so cleverly portrayed and at the



very end a sudden emotional connection forms between the characters and the reader.

The Second Sex - Simone de Beauvoir – This book is an all-time favourite the writer gives you a clear perspective on the concept of feminism in connection with human history. It tells how being a woman is way too different than just being born as one. Questions

arise that we failed to notice all our lifetime while reading this book the interplay of man woman and society is laid out seamlessly by the writer. It expands a woman's relationship with herself as well as with a man.

Netra Sharma – FY BAMMC

Mein Kampf - Hitler, one of the greatest and feared dictators of all times wrote this autobiography in 1925. His resentments and self-pity are ever-present in the work. It describes the process by which Hitler became antisemitic and outlines his political ideology and future plans for Germany.

The Siege: The Attack on the Taj - The story revolves around the gripping, well researched account of how events unfolded in Mumbai on that fateful evening of the 26/11 terrorist attack. The book shows the different perspectives of the individuals involved in the attack and creates an atmosphere of terror.

I Know Why the Caged Bird Sings - The autobi-

ographical work of Maya Angelou reveals the upbringing of the author from age 3 through age 16, recounting an unsettled and sometimes traumatic childhood that included rape and racism – in the Southern United States. This book lets you know that no matter how bad your life is, you will find a way to get through it.

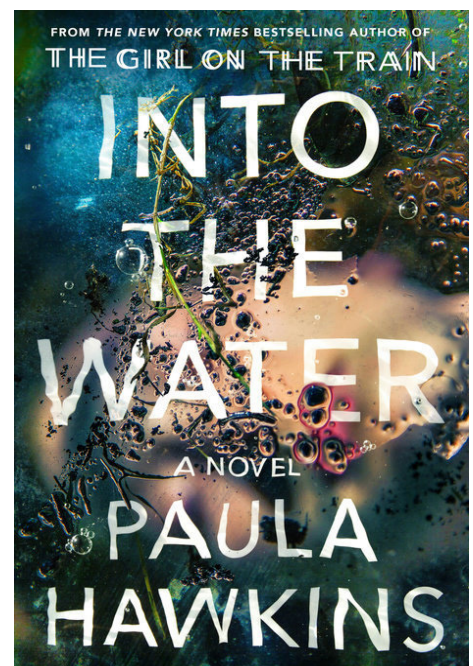
The Haunting of Hill House - The novel delves into the fear of the unknown and the power of the imagination to create terror. It is a gothic horror written in the late 1950s inspired after a group of psychic researchers who spent time in a house believed to be haunted to study the paranormal events there.

Shivaanshi Singh – SY BMS

Into the Water by Paula Hawkins – This one is my absolute favourite. The narration style, perspective and characterisations of all the characters, and the way the story unfolds – just impeccable. It is a fresh concept in the murder mystery/suspense thriller genre. Absolute 100.

They both die at the end by Adam Silvera – I picked this one up thinking it's more of a slice of life themed book because I hardly ever read romance genre

books. But it does have romance – but not your usual, cheesy, forever kind. And it so turned out that **They Both Die at the End** is one of the easiest yet painstaking read ever. I will just say that the title tells you what will happen but infact you I know what will happen.





The Shiva Trilogy by Amish Tripathi - Amish is one of my very few favorite authors. I am by nature a pantheism and Shiva Trilogy was just a fun try to the mytho/fantasy genre but I got hooked to the story from the 1st chapter itself. The way Amish has thrown light on Shiva's story and all the characters is just otherworldly but so real and relatable at the same time. Shiva feels like one of us and so does his story. Sapiens by Yuval Noah Harari - Sapiens is hands down one of my go-to books. For the reason that everytime I read it I find something new. I hate annotating but this book made me do that and I am not complaining. It caters to the Biology, History, Geography, Anthropology genre to mention a few. It is holistic but so detailed at the same time. Simply speaking, you will start to feel like an idiot after reading this one but will be able to speak on any topic under the sun.

Ordeal by Innocence By Agatha Christie - Agatha Christie, my favourite author, needs no special mention. Almost all of her books are so good. But this is one in particular stood out for me. Even if I do not remember the whole plot I do remember the feeling this book left me with - perturbed, played, and floored.

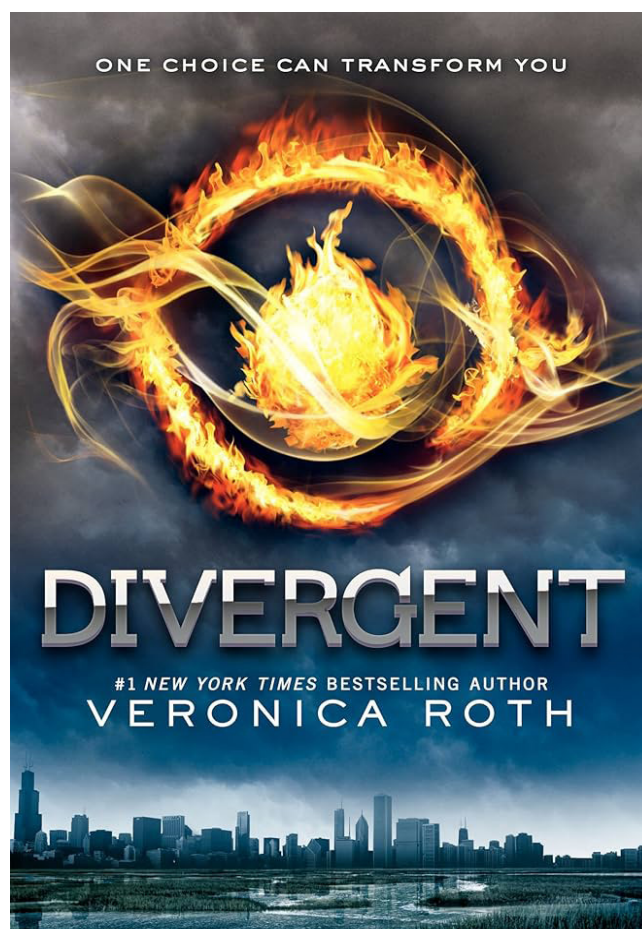
Sanjana Varde - FY BAMMC

The Pursuit of Happiness - The book focuses on Gardner's quest for success in his career and a healthy and happy future for his child. The author provides a detailed description of his rags to riches saga: the story of a single, sometimes homeless parent who raised his son on the streets and later fulfills his dreams of financial success. This book is further adapted in a movie starring Will Smith as Chris Gardner; Thandie Newton as Linda who are parents of a little boy named Christopher played by Jaden Smith.

Prisha Madhavan - SY BAMMC

The Divergent series by Veronica Roth - One of my favourite books of all time is the divergent trilogy. Based in a post-apocalyptic dystopian world, the

story is of a young girl who lives in a society that is divided into factions and explores her struggles to fit into these labels that society has drawn for her. Divergent delves into a very distinct and unusual territory that holds the reader's attention till the very end. For anyone who's looking to get into the science fiction genre, Divergent is definitely a solid option.



Vaishnavi Kumar - FY BAMMC

Geronimo Stilton - The very first book which I read when I was a little kid was Geronimo Stilton. The book is an excellent representation of visually appealing graphics placed in a very imaginative manner. That's when the whole idea of media germinated in my mind as they book and its following series reflected upon the challenges Geronimo faced as an editor and publisher, trying to dig out stories in a jocular manner. The book really helped me develop my vocabulary in the early stages of my life.



Student's Achievement Section

INTER-COLLEGE CERTIFICATES

Cutting chai (RD national)

1. Srishti Sengupta – (SYBAMMC) Debate – 1st Prize

2. Adelia Gigool and Suvedha Murugan – Artistic Palette – 1st prize

3. Netra Sharma, Ridhima Shrunji, Shivaanshi Singh and Ridhima Jain – Treasure Hunt – 2nd prize

Riwayat (Nirmala Niketan)

1. Nida shaikh - 3rd - open mic

Wilson College (Polaris)

1. Suvedha Murugan - 3rd - Sketch.

INTRA COLLEGE CERTIFICATE

International Youth Day

→ Moot Court competition

1. Nitisha Bora, Aakruti Bhawsar, Roshni Sanghan

2. Christine Yadav, Akanshaya Mukherjee, Riya Bhattacharjee

Freshers (FY BMS)

Miss Freshers- Angeline Fernandes

Photography Day

a) Abstract Black & white category - Suvedha Murugan (SY BMM)

b) Product Photography - Aishwarya Mahajan (TY AD)

c) Street Photography - Deepanshi (SYBMM)

Marathi Bhasha Diwas

KBC- Raina Pawar & Aahane Ina (BMM) Mono Act-Siyana Rodrigues (FY BMS) Extempore- Rui Jadhav (SY BMM)

Most Dedicated NSS Volunteers:

1. Sr. Placiya Rodrigues- SY BAMMC

2. Shivaanshi Singh - SY BMS

3. Nida Shaik – FY BAMMC

4. Kashish Pathak - FY BMS.

Garba celebration

1. Shivaanshi Singh (SY BMS) Best Dancer

2. Isha Jani (TY Ad) - Best Dressed

3. Himani Sharma – Best Dressed

Management Day- Management frontier

1. Aakruti Bhawsar - Blindfolded Minefold, Market Chhetra, Ad-Mad

2. Joya Sankhlecha - Market Chhetra, Opti-mange

3. Khusboo Bareth - Market Chhetra

Winners of women's week

Badminton – Raina Pawar

Indoor Games – Hasmita Bisht

Tug of War

1. Janhvi Mutgekar

2. Rajvi Butani

3. Sharon Alphanso

4. Placiya Rodrigues

5. Chinmayi Dhotre

6. Shalley Ahirwar

7. Avani Agrawal

8. Zelia Yadav

9. Mansi Paliwal

10. Manali Nikalje

Kabaddi winner

1. Sangeeta Kumari

2. Vanshika Yadav

3. Angelina Fernandes

4. Nida Shaikh

5. Netra Sharma

6. Mansi Sakhle

7. Bhumika Saha Roy

Committee Recognition

PERFORMING & FINE ARTS COMMITTEE

Head - Deepanshi

Co-Head - Kashish Thakkar

Lead Volunteers - Anvi Thottaparambath,

Drishti Sinha

Volunteers – Nida, Anjali, Mansi, Vanshika, Manali, Chaitali, Lavanya.

Note from the Head: Being the Head of PFA was a full roller coaster, from sleepless nights to the unmatched satisfaction of the events being a success. I have experienced it all. This past year has taught me patience, the importance of teamwork, and all the little things that go into organising an event. It has also made me a believer that everything works out in the end! (If you put the work into it.)

To my entire team, each and every volunteer of the all events Thank you so much for sharing this journey with me, and it was a pleasure working with you all. Most of all, I want to thank Marie ma'am, for giving me this opportunity and guiding me through it all. I will always cherish all these memories we made, from the friendship day to doing leisium for the first time on our campus, all the fun little games and dances, and so much more. I am very grateful to my friends as well for always believing in me, even when I did not, and giving me that little push from time to time. Having the opportunity to head PFA was a pleasure, which I will definitely miss a lot.

MAGAZINE COMMITTEE

Head – Srishti Sengupta

Lead Volunteer – Alhan Sayed

Volunteers- Prisha Madhavan, Vaish-

navi Kumar, Ishita Bhardwaj, Sanjana Varde

Note from Head: It has been an absolute pleasure and privilege to head the magazine committee for this academic year. We did not have many events on our plate but we had one, the 2nd Chapter – Literature Fest. The one event that this committee was a part of, was a huge success. The best part of being in this committee was when all of us were given the liberty to strategize the content of the magazine according to us. We inserted various new provisions this time which were never a part of EXPLORATIONS. Hence, this year the committee explored a lot to bring you this year's college magazine. The most exciting part of heading this committee was the amazing team I had. They were always up for any work at hand with complete enthusiasm. We worked around what we love to work on, that's content and hence it never bored us. And of course, what better place than St Pauls to get the most attractive content? Last but not least, the person who always made working fun with his satires and extensive knowledge on the table, Vighnesh Sir. Thank you, sir, for believing that I shall be the potential head and trusting me with this opportunity and for all the guidance and deadlines as well.





BOOK & LITERARY COMMITTEE

Head – Kushbu Bareth

Lead Volunteer – Kashmita Gogoi

Note from Head: I am deeply honoured to serve as the Head of literary committee at SPICE, alongside the talented lead volunteer Kashmita Gogoi and with invaluable support from our mentor, Mr. Vignesh Shaji, and the dedicated Student Council team.

Our journey began with the successful celebration of Hindi Bhasha Diwas, where I had the privilege to direct the play “Sadgati” by Munshi Premchand Ji. His profound storytelling, weaving social messages into art, has always inspired me. Special thanks to the exceptional actors and a heartfelt appreciation to Avani Agrawal for her significant contributions. Witnessing the play unfold on stage was a surreal moment, a dream realized before my eyes.

As we eagerly anticipate our next event, Marathi Bhasha Diwas, I am once again excited to delve into the rich wonders of culture and language. Being part of this club fills me with pride and gratitude.

Together, let us continue fostering a love for literature and cultural languages, bringing people together to appreciate the significance of these art forms in our lives.



PHOTOGRAPHY & VIDEOGRAPHY COMMITTEE

Head – Riddhima Shrungi

Volunteers – Deepanshi, Joya Sankhlecha, Rui Jadhav, Vanshika Yadav



Note from Head: Talking about my tenure as the Head of the PVD, it has been a journey of creativity, collaboration, and growth. Our team endeavoured to capture the essence of our college experience through visually appealing content.

Throughout the year all the volunteers showcased their passion for storytelling through cameras. From capturing candid moments at events to producing visually stunning graphics, each member played an important role in bringing the spirit of our college to life.

Our photography aimed not only to document but also to engage with emotions and tell a narrative that relates with many students. We experimented with various styles and techniques, pushing the boundaries of visual storytelling.

I want to express my gratitude to the incredible volunteers who dedicated their time and talent to the department by their exceptional skills in capturing raw emotions through photography. And being a creative force behind our visually engaging video projects.

And to the entire team, thank you for your enthusiasm, hard work, and collaborative spirit. Together, we've created a visual narrative that reflects the dynamic and vibrant atmosphere of our college.

I look forward to seeing our collective efforts showcased in EXPLORATIONS 2024 and continuing the tradition of visual excellence in the years to come.



Articles and writings: Students Corner

Write Ups/Articles

@Varada Pawar, TY BAMMC Journalism



Around 65kms from the city of Ooty is the peaceful paradise of Mudumalai National Park, Tamil Nadu. It is spread over 124 sq meter. It was declared as a Tiger reserve in April 2007. Travelling through the jungle is restricted for the tourists without the forest department's consent. Though the Kalthatty Jungle Camp provides accommodation to the tourists. With amazing authentic South Indian food, this camp takes you on a breath-taking trek to the Kalthatty Waterfalls, through the core jungle areas and witnessing caves of wild animals, spices and herbs. The major attraction of this place is a hilltop temple from where you see the green sheets of the jungle meets the ocean blue sky. The camp arranges safari jeeps which takes you to the home of thousands of sambar deer, spotted deer, wild dogs, Malabar giant squirrel, Gaur, Indian leopard, endangered species of birds. After a very adventurous and tiring day, the camp putting up a bonfire and a barbeque was like a cherry on top. Mornings are unbelievably beautiful. Waking up to chilled sunrise was like a dream come true. The Kalthatty Jungle Camp is an ancestral place currently owned by the very kind Mr Sharukh. During the whole camping period, he guided us with his exceptional knowledge about Mudumalai and his unconditional love for the animals left us in awe. The best

part about him was that he never got tired of the job he was doing. Maintaining the British built cottages and the hospitality in such remote areas was something the world needs to see. Away from the city chaos, this place gave me peace of mind. You cannot resist falling in love with nature all over again!

Trek pe chale?

Jana toh hai...

Chalte hai...kya hi ho jayega!

Aur hum chale gaye.

And this is how our trek to Harishchandragad began.

On a random weekend, my friend Riva and I were in Pune together, though our weekend started on Thursday. After gulping down a good amount of 'Ghar ka Khana,' we met Anamika—a true wanderer—who came to Pune after a single phone call. Now we three lazy asses were off to one of the lengthiest treks in the Ahmednagar district of Maharashtra. It stands at a height of 4,665 ft. By the way, my mother is still clueless about the heights that I've been to, well until now! Sorry, Mumma :)

To be honest, neither of us knew what we had signed up for, all we knew was that we were going to have a hell of a crazy time, and guess what? We did!

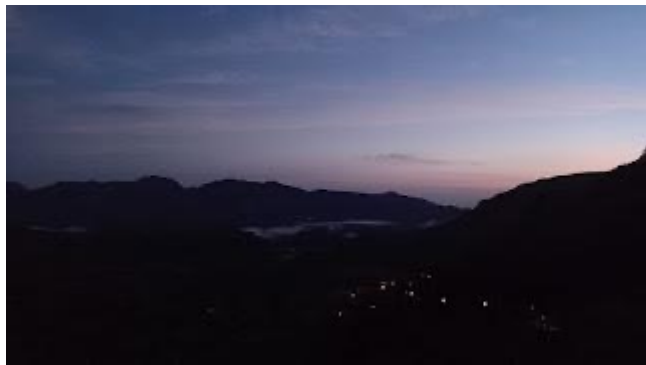
This trip was more than just a trek or a fun time with my girls to me. We started climbing before dawn, that's right it was a night trek! But we were not the only group climbing, trying to catch a breath, questioning their life decisions. For the first hour of the trek, we were climbing looking at the road, trying to step on the right

rock and not slip. It was too dark to be able to see anything but a line of people with head torches, which by the way looked like a line of moving stars!





The sun had started to rise by the time, and we had found a place to rest. This is when I looked up to a pinkish-blue sky with ponds of clouds in between the folds of the mountains. The air suddenly felt cold, brushing our noses...it smelled sweet. It felt like a fairytale! After a beautiful sunrise, we moved ahead



to an infinity pool, it would've been prettier if there were less people looking at the place through their camera lenses than their eyes.

To my surprise Riva, the person with the least trekking experience, or so I thought, was leading. While, Anamika and I took our time looking at the nature and clicking pictures. both our faces were flushed red due to exhaustion, oh and the morning sun made us look prettier!

Temple of Harishchandreshwar
Finally, we reached Harishchandragad! We first went to the temples, and Saptatirth lake. The most exciting part for me was the Kedareshwar cave...a five-foot tall shivling surrounded with ice-cold water and supported by one pillar. Well, originally there were four but the local legends say that the pillars represent the four Yugas- Satya, Tretha, Dwapara, and the Kali Yuga and when this last pillar falls off the world will come to an end. Even if it is a story, I'd like to believe it. Life is simply boring without stories.



Konkan Kada

For me, Konkan Kada was a place of realization. If you see, it's nothing but a mountain top that looks upon Konkan as far as you see. There were people

constantly around me but when I sat there, I forgot the world around me. It was just me and the sunlight. Everything I saw was either green, blue or white, I forgot that there was a world that I had to return to, I was just there...breathing, living in the moment, probably looking at the best view of my life! As I sat there, I could recall the entire journey and realized that this time I didn't hurry to reach my destina-



tion—I waited, I observed. Yes, I took time to reach where I was but I savored every step. I looked around and I found people sitting there quietly capturing the beauty through their eyes this time.

When I sat on a mountain top, at that moment I realized that my journey here was way more beautiful than the destination. All my fears and anticipation were worth it. This is the place where you express your emotions without exchanging a word, everything seems so perfect and you simply find yourself appreciating life. When we climbed down, I was a person with a different perspective, I was happy and filled with hope. Harishchandragad Konkan Kada was so much more to me than just a trip. I'm so grateful that this trek happened!





Growing Up

@Nitishaa Bora, TY BMMMC Journalism



Have you ever given a thought to how fast we all are growing up? To be honest, I really don't want to grow up. I want to stay like a child for the rest of my life. The feeling of growing up is so terrifying.

It was just a usual school day's lunch break in 2017 when I was telling my friends that I had started saving money in my piggy bank to go to Mumbai. The idea of

living in Mumbai was so fascinating to me. Now, in 2023, I look back to that day as one of the most innocent days of my life. NO ONE really talks about the hard realities of life; it's not easy to live in a city like Mumbai. Every day, I feel lonely even though I am always surrounded by a lot of people. Missing home and my loved ones is a completely different chapter but let's not go that way today. I know that these days of my life are the most precious because after a year, I don't know where I will be.

Mumbai has taught me a lot of things about myself and about the lives of its people, and maybe if I hadn't come to Mumbai, I wouldn't have achieved this self-worth. It has helped me realize how much I love my homies. It really helped me get to know myself. And the people I met here will always have a special place in my heart. Their perspectives and thoughts have helped me grow more than anything. From friends to professors to strangers, Mumbai has given me all the love I needed. And it made me realize that I want to keep this city as my dream city.

FADED FRIENDSHIPS

Friendships, those cherished bonds we thought would last a lifetime, are fading away like wisps of smoke. Moving on, taking along memories and incomplete relationships once cherished. The group of friends who promised to stay in touch after school is now nowhere to be seen, with no idea about each other's lives, thinking that no one cares. Bonding you once created, the seniors you once called brothers and sisters, now seem elusive. Why don't these bonds stay two-sided? Why do they always end up being one-sided? Sometimes I wonder how we went from being best friends to strangers. Is this what adult friendship is, or are we holding any past grudges? Adulthood taught me that friends can become strangers without a farewell. Memories of our laughter, joy, struggles, and pain from childhood invade my dreams, but distances have made reaching out a tough task.





Dormant volcano

@Ankita Dubey, TY BAMMC Advertising

A dormant volcano, which once terrorized many, now stands alone in the kitchen, splashing water on dirty dishes. I, her daughter, similar to her in ways I dread to be. Poles apart, yet the same. While she is a volcano, I am a can of soda sealed shut.

Sitting on the kitchen counter, I look at the TV screen. A couple of politicians screaming, voicing their opinions. They call it a debate. I wonder what it's like to have a voice. I then notice a man in the living room walking in circles screaming on the phone. He seems upset and angry.

Anger! What's it like to have the right to be angry? To have the right to be human?



I laugh at my silly thoughts. After all, I am just a can of soda. My blurred thoughts clear as the man—my husband, walks right through them towards me. I look at

his giant palm as it flies and crashes on my face. Bubbles form inside me waiting to erupt. He throws me

on the floor. Before I know it, the seal breaks open. I reach for the nearest object—a knife and stab him, blood oozes out, painting the kitchen tiles red. His blood mixed with the soda that once resided in me asks, Are you human now?

Tears roll down my cheeks as I think of an answer. Am I finally human? Or have I become the nightmare of the dreamers of a better tomorrow?

Rachel Dsouza, TY BAMMC Journalism
Sweet dreams, little one!

Sweet dreams, little one;
The darkness will soon be gone!
The light is waiting on you, waiting to shine forth;
waiting to shine through you.

Oh, when you wake up:
I might not be here with you!
But oh, go on your way; don't think of back home;
think about your way ahead.

In the cities of kings and queens,
Walking hand in hand:
That's where we belong!

With our hopes and dreams;
Our will to fight another day:
We'll be alright! We'll be just fine!

And when the sun shines brighter tomorrow,
You hear the crackling of the snow!
The water down the meadows will be your reward.

And when I hear the song of the birds,
I'll know, like the wise once said:
You're there, right there where you belong!

Sweet dreams, little one;
You were always meant to shine!
An ember in the darkest of dark!



**Kashmita Gogoi,
TY BAMMC Journalism
Nineteenth Century Assamese Society & Casteism Through The Lens of Homen Borgohain's Motsyogondha**

A masterpiece work of Assamese literature by the late novelist Homen Borgohain, *Motsyogondha*, literally translates to 'The Fisherman's Daughter.' Published on July, 1987, the theme that its story revolves around makes *Motsyogondha* a true piece of progressive literature in the history of Assamese literary works.

Set in the Goroimari village of Assam, *Motsyogondha* centres around its fierce female protagonist, Menoka. The novel deals with the ugliness of untouchability and caste system in the society. Through its protagonist, the novel addresses the economic instability, struggles and discrimination faced by the people of the Dom or the Koiborto caste, a community of fishermen in Assam. It also points out the long prevailing issue of opium consumption in Assam and its vicious grip within the society. The story begins with the protagonist's struggle to sleep because of her failure to manage food for the particular night and even more importantly, opium, without the consumption of which sleeping was an out of question for her. Mostly, except the last two chapters in the climax, set within the course of that one night, the story, however, moves back and forth in a sequence of flashback wherein Menoka recalls her life from childhood to adulthood and her experiences of hailing from a forbidden caste of the society.

As the story progresses it starts narrating the story of another major character, Komola, who falls in love with an Ahom boy of high-status in the society and gets impregnated by him. The story also revolves around the flashbacks of Komola's life as she narrates her story with Moniram to the protagonist, who's apparently her sister-in-law. By the near climax of the

novel, while Moniram initially refuses to accept his responsibility of being the father to Komola's unborn child and therefore marry her, Menoka's fierce threatening, however, finally scares and forces him to do so but as a result gets outcasted from his family and the community.

The evils of untouchability in the society can be seen in the story in various scenes of the novel. One such instance is when Menoka recalls one of her childhood incidents. Once, as a child, unaware of the ugly norms of the society, she accidentally goes near an upper caste household's courtyard where paddies were kept down to dry in the sun. The falling of her shadow on the paddy made it impure and polluted for the upper caste to consume. Menoka then suddenly gets a hard tight slap she was unprepared for from the lady of the house for the sin she committed and thereafter, witnesses the lady commanding the servant to use it for feeding the cows since it's now of no use for the household. The hypocrisy of the so-called upper caste of the society can be seen here when the lady on one hand considers even the shadow of Menoka as being impure but at the same time touching her to slap her for the crime she committed, the lady felt was alright.

On another instance, Digombor, who apparently is Menoka's father-in-law, in the past dreams of giving education to both his sons. Digombor manages to get his sons secure admission to the nearby village government school with the hope that his sons will become educated individuals in the future. However, facing daily humiliations from their fellow classmates and discriminations from the teachers because of their status in the society both the kids after a certain point unable to bear it anymore drops out from school. The darker sides of casteism can be seen herein again.



The novel also depicts how weaker section of the society at times need to come in terms with adjustments for the convenience of those on the upper level. This can be seen during the festive season of bihu. Traditionally, during the season of bihu, youths (both, boys & girls) in villages of Assam those populated with the Koiborto, Kochari, Ahom and Mishing community performs bihu the whole night in the village common ground. The Doms or the Koiborto people of the Goroimari village, however, fears to do the same because of the fact that almost five to six villages surrounding Goroimari are those of the Brahmin, Kolita, Koch and Chutia community who disapproves this custom of youths dancing in the open common ground. The people of Goroimari depends a lot on the residents of these surrounding villages for economic assistance from time to time and hence, needs to remain in their good books. It is, therefore, that the Koibortos of Goroimari only for the sake of keeping their age-old tradition alive performs bihu in the common ground till the sunsets and wraps up once the sun goes down.

Finally, the novel narrates the ancient issue of male dominance in a patriarchal society. The ever-prevalent age-old mentality of viewing women as a mere toy of sexual pleasure by men is depicted through Moniram's character who for his selfish desires lures Komola into believing that he will marry her. His mentality about women gets more visible when initially he tries to control his desires for Komola because of the social difference between them by telling to himself that, "Moniram have you forgotten about Thurimola? What does Thurimola lacks in comparison to this Komola? Just three months more and you are going to get married to her. For your entire life you are going to get a beautiful girl like her as the women of your bed." That's what Moniram thinks of women; women in Moniram's view are just things to enjoy and sleep with in the bed, be it Komola or Thurimola. The hypocrisy of the caste system can be seen here again when Moniram for his sexual desire don't hesitate to establish physical contact with Komola but, later hesitates to marry her because of her social status. Moniram's hypocrisy can also be seen in his polite and decent

behaviour towards Menoka after he comes to know about Komola's pregnancy, to the extent that he even offers water to Menoka in the same bowl kept for his own use. This change in Moniram's behaviour was in hope of pity and mercy from Menoka in the matter which he however, fails to gain.

The novel on one hand while portrays the sufferings of the lower caste and their struggles of daily life, it on the other hand also shows that despite their economic and social status, there are people who dares to dream and hope for a better future and works hard to fulfil those dreams. Characters like Duryodhan, Digombor and Joyhori are such progressive torchbearers of the society who works hard to achieve a better economic condition by going beyond their traditional means of livelihood. Also, through fierce & strong protagonist like Menoka it portrays that despite being a low caste she had strong will power to fight against the society's evil norms and atrocities and takes pride in her identity as a Dom.

Motsyogondha, was indeed a brave work of literature by Borgohain not only because of its strong theme but also because it takes lots of courage and progressive mentality for an author to portray a primarily negative character in the novel as an individual from the community that the author himself belongs to. Borgohain himself being an Ahom of high social status didn't hesitate to portray the character of Moniram as an Ahom. While speaking of the ills that the socially privileged section of the society has committed over the weaker, Borgohain indiscriminately voiced out that his own community is no less sinful of these doings and is at equal fault as many others for the crimes of casteism committed.

Motsyogondha has been translated into English as 'The Fisherman's Daughter' by the late author's son Pradipta Borgohain and published by Amaryllis publication as 'The Collected Works of Homen Borgohain: Short Stories and Novellas.' The collection also includes his other works such as, Xaudor Puteke Nau Meli Jai (The Merchant's Son Sets Sail) and 12 other short stories.



काव्य

१

प्रेम, दया, सद्भावना, आदर सभी मानवीय मूल्यबोध की नींव है जो, उसकी कतल के शोक में अर्पति –

मैमरता ही दौलत के नशे में,
मरता ही मैमजहब के दीगों में,
सरहदों के रीजजश में मरता ही मैं,
मैईसाननयत ही; मरता नहीं, मार दबया जाता ही।

मेर हत्या हर ददन होती है,
रोज एक नई खीजर, सीना फाड़ कर ननकलती है।

यह ना पूछो मुझसे, कौन हत्यारा है मेरा?

मैईसाननयत ही; कर ननवसित्तर जमाने के बाजार में,
मुझको मारता ईसान है।

२

२१ जनवर, २०२४ की शाम अटार -वाघा बॉर्र पै खडी मेरे अनुभव को बयाँ करती हुई –

कई रोज शान-ए-वतन तझु को ऊँचा उड़ते देखा,
आज मगर गैरों के भी परचम को आसमान छूते देखा।
लकीरों में बींटे ज़मीन-आसमान एक होते देखा,
सददयों की बैर एक पल को ममटते देखा।

नतरींगा तझु को मैं आज परचम-ए-मसतारा-ओ-दहलाल से गले लगते देखा।

३

कुछ दोस्तत जो अपनों से भी ज्यादा अपने हो गए, न जाने कब पररवार बन गए, खून के नातों से भी वह बढ़कर हो गए और जजन से बबछड़ने का अब वक्त कर ब हो चला है, उन यारों के नाम –

यह जो चेहरे है सामने,
कल न जाने कहीं होंगे?

ककतनों से ताल्लुक रहेगी,
ककतने आँखों सेगुम होंगे!

जजम्मेदाररयों में मसरूफ मझु,
क्या वक्त भी ममलेगी?

यादों की बारात ददल पर दे दस्ततक,
तो उसे सुनने की!

दोस्तती-यार की यह कसमें,
यह रसत्तम-ओ-राह के वादे,

तो दूर की बात है!

मेरे कब्र पर रोने को,

क्या तुम्हें मेरे ईतकाल की खबर भी ममलेगी?

Khushbu Bareth, TY BAMMC Journalism **बंद दरवाजे**

बंद पड़ गए हैं अब उन घरों के दरवाजे जो थक जाया करते थे लोगो का स्वागत करते। दरवाजे जजन्होंने कईयों का आना और जाना देखा है। इन दरवाजों ने थके चेहरों में छुपी घर आने की संतुजटि को देखा है। साज के समय जमी ओली की बैठको को देखा है। ककसी के ललए दैर तक राह तकना और ककसी का हमेशा के ललए चले जाना देखा है इन दरवाजों ने। अब ना ये ककसी की राह तकते है और ना ही ये अपेक्षा रखते हैकी कोई आएगा इस थकी हुई दनुनया से संतजुटि और अपनेपन का भाव ललए। अब इन्हें प्रतीक्षा है तो बस इसकी की कब यह भी चले जाएं और लोकिर कभी न आए। समय है अब कल्पनाओं की वास्तववक्ता को मिलने का बालपन मैजो सखु की कल्पनाएं करी थी वह ककशोरावस्था में बदल गई, पुनः युवावस्था में भी बदल गई। अब बढ़ती उम्र और जजम्मेदाररयो के साथ जीवन में सखु की कल्पनाएं भी अपनी चलाने लगी है। ये सुख की कल्पनाएं और उसके स्रोत जसुथर ददखाई नहीं पड़ते। कभी पढाई ललखाई में, कभी आकर्षण में, कभी नोकरी में तो कभी लसर्ष पैसे में, अन्त में ये कल्पनाएं रूप, बल, धन, पद के इदष गगदष ही मंडराती रहती है। परंतुठहर नहीं पाती और इन्ही साधनों के ववस्तार की सोचती है। क्या इनसे लमला सुख ननरंतर रह पायेगा? क्या ये कल्पनाये वास्तववक्ता में इतनी ही सखु दाय है? क्या सुखी जीवन भी अपने आप में ही एक कल्पना है?



Avani Agrawal, SY BAMMC A Seashore Sight

I stepped on the height chasing the rays, Trying to get out of my dark phase.

Witnessing the horizon, I found a new version. The glistening sun, bringing joy and fun. The silent whisperers of water and the waves, these are the moments I save.

Reflection of rays in water, a soothing bliss, these are the memories that I will miss.

I close my eyes and feel the height. The sounding joy of trees, I feel the breeze. Now it's time for the sun to set and say

Thank you to the new version I met.

यात्रा वृत्तांत

यूं तो सालभर में न जाने कतिनी घटनाएं हमारे साथ घटती हैं। पर कुछ घटनाएं ऐसी भी होती हैं जो हमें अंदर तक प्रभावित कर जाती हैं। और जब ऐसे अनुभव दोस्तों से जुड़े हों तो सफर का आनंद दुगना हो जाता है। तो भईया आज बात करेंगे उन्हीं में से हुए एक सुखद अनुभव की जो अब जीवनभर के लिए हमारे अंतर्मन में घर कर चुका है। बात है nss camp के उन 7 दिनों की जिसने हमें जीवन के कुछ ऐसे क्षण दिए हैं जो शायद ही हम कभी भुला पाएंगे। 6 बजे की वो सुबह रोमांचक हो जाती है जब हम 40 बच्चों को उठाने कोई प्रोफेसर नहीं बल्कि आता है एक मेंढक ! जो हां एक मेंढक जिसके ज़मीन पर उछलते ही हम सब उछले थे एक दूसरे के ऊपर और ठहाकों की आवाज़ गूँज उठी थी पूरे हॉल में। दिनभर में ड्यूटी के अनुसार मल्लि काम को करके रात में थके हुए पर जोशीले बच्चे जब साथ में बैठ के ज़मीन पर पत्तल में परोसा खाना खाते थे और एक दूसरे की तारीफ करते थे तो वो आनंद कुछ और ही होता था। उन दिनों में शायद हम सबने सच में खाना पूरे आनंद के साथ खाया था, बनिा किसी शिकायत के असली कसरत तो तब होती थी जब खाना खाने के बाद पूरे कैम्पस की सफाई और बड़े बड़े बर्तन धोने पड़ते थे। चुनौती तो तब आती थी जब उसी वक्त कचिन से सारे पोछे के कपड़े और बर्तन धोने के स्थान से डशि वॉशर गायब हो जाया करते थे। सारी सहेलियों की चर्चा का वषिय बन जाती थी वो अनजान पहेली। कभी नहीं भुलाए जाएंगे वो अनुभव जब हम गांव में एकटविटि कराने एक टैपो में भर के जाते थे बलिकूल भेड़ों समान। नुक्कड़ नाटक से लेके गांव वासी और स्कूल के बच्चों से मलिकर उन दिनों हमने लोक जीवन को करीब से जाना था। यूं तो इस कैम्प के कई कसिसे हैं पर एक चीज़ जो इसे खास बनाती वो है बनिा

फोन के दिनि गुज़ारना। कोई तस्वीर नहीं, है तो बस मन और हृदय में कैद वो यादें, वो पल जो हम सबने मलिकर बतियाए थे। जतिनी भी तस्वीरें मैंने इस पोस्ट में डाली हैं वो सब अलग अलग प्रोफेसर से बटोरकर ली गई तस्वीरें हैं। बेशक ये साल वाकई में बहुत खास था। कैम्प में आने से पहले हम सब के मन में एक उलझन और संशय था कनि जाने कैसे शहर की सुवधायनक जीवनशैली छोड़ के एक छोटे से गांव में रहेंगे। पर इसके ठीक वपिरीत परस्थितियों का शायद ही कसिी ने सपना देखा होगा।

Srishti Sengupta, SY BAMMC In Love? Rise or Fall!

Love is the most surreal experience you come across time and again in your life, but only if it is real. It is like the sunrise that brings you new beginnings and reminds you of the dawn as well. So, you see it is all about the rise and hence do not fall in love!

When you fall in love, you tend to surrender yourself to the person, the place, the thing, the weather, the food or anything under the sun.

As a child, when you loved the aloo parantha in your lunch box, that day you surrendered to some extra amount of math and science homework without any condition. During the golden hours in the winter, you loved your badminton sessions with your friends. If your mother instead wanted you to study, you said to her 'Let me play for an hour, and I'll listen to whatever you say.' As you reach your adolescence, the first infatuation of your life felt like the world where you found an abundance of happiness and possibilities, and you gleefully and unapologetically allowed that bubbly girl or the charming guy to distract you from all other worldly affairs, because they were your world back then. Then you realize you are in your late teens or early twenties, and you feel monotonous in your city and fall in love with a city with high-rise buildings with a fancy history, where you have seen your elders move and celebrate their adulthood. Because, who shows what challenges come with adulthood, especially when you fall on an alien land? Hence, the love for that city detached you from everything you found synonymous with the word home. In the phases in between, you made friends who felt like the most constant element that ever would happen in your life,



but later they proved how change is the only constant by changing their bonds with you, dropping you into an ocean of thoughts. So well, do not fall in love. Rather, rise in love with people, places, food, weather and everything on earth that helps you rise as a person. Love the place that stayed by you through all these years, devoid of the changing landscape of your life like the Delhi weather. Love the weather that allows you to have a good sleep accompanied by peace and energy which helps you rise like a sun with all grace and power, as constant as the Mumbai's monsoon. Those people whom you don't need to ask for help, because they are going to be there without you having asked for it, as if that's a habit. Also, that food or that beverage that keeps you going ahead with your assignment during sleepless nights, if not like caffeine but like the relentless love Bengalis have for the aloo in their biriyani.

Love, therefore, ideally should not drain, tire or exhaust you. Instead, it should motivate and water you, which helps you to bloom. Only then, will you grow like the sun, and not be the twinkling star but the shining star of your life which is as large as the sky.

Drishti Sinha, FY BAMMC **Siren's lost love**

Siren (Noun)

An unearthly mesmerising creature in Greek Mythology who led mariners to their destruction. In a vast and isolated village in Naples young men were often given the task of collecting food for the entire village. Some gathered food from the forest, and some put out to sea for fishes. Fish hunting was considered a gutsy job and only strong-willed could do it. A sunny morning the chief of the village came to the neighbourhood, his guard knocked the door. The door flung open and revealed two tall men, and an old woman. The men were about six feet in height and their bodies were huge and bulky. The chief offered them fish hunting for the village, they were stunned at first thinking of the impression it will create in the village and accepted it. Just when they were to depart, sitting in a boat. The whole village came along with the old woman to the sea shore, she was so proud of her two young boys that her eyes filled

with tears of joy.

While Andreas was rowing the boat Mattia was looking at the blue sky and scattered white clouds, he was holding the folded fish net in his arms. They stopped at once and flung the large fish net in the sea water and grabbed hundreds of fishes. They knew that it would take a while for them to get back home, so they decided to enjoy the scenery and nature for a while longer.

Suddenly Andreas heard a nymph like sound, soft and melodious. His mind charged up with curiosity and he began to follow the direction of the sound. The more closer he got, the more excited he became to see the person who was singing. Mattia was confused because he was rowing the boat in the opposite direction to the island, he tried to stop Andreas but got no response from him. It was as if Andreas's mind was hijacked.

They reach the spot, far away in the sea and saw a beautiful woman singing, she had drenched long hair which covered her entire back, bluish green eyes and pretty lips. She looked like a woman, a man would dream about in his sleep. She was sitting on a large black rock which was in the middle of the water. The light was shining differently there, it was like a spotlight on her.

Andreas called out to her and she looked back, she smiled and sang a more melodious song at the sight of him. There was something that started making Andreas to lose his control on his mind, his eyes were blurry. In no time, he fell into the water with a torn shirt. And Mattia was left stunned alone in the boat, in the dark.

The woman came closer and closer to him, they looked in each other eyes, she felt something was different.

She had never felt this feeling before....

She felt love for a man for the first time.

The woman being a Siren, did nothing but lure men who reached too far from the shore into her cave, kill them with her song and feast.

But Mattia was different, he didn't faint and fall into the water when she sang. He wasn't scared to look directly in her eye.

He was deaf, and the siren's spell did not work on him





She slowly submerged herself into the water and went back to the cave, but Mattia suddenly shows up behind her back and jerked her head backwards. The siren had no time to think, she felt something sharp pointing on her chest.

It was a bronze dagger which tore Andreas's shirt, which lead to it containing the victim's blood.

The only way to kill a siren was a bronze dagger dipped in victim's blood.

The dagger pierced in her flesh, into her beating heart.

The only time she felt a connection, she craved for closure. That never existed.

She screamed in pain, so much that her nails digged Mattia's arms. She kicked her legs in the air, trying to escape, but there was no way out.

After moments of suffering her hands fell, there was no sound.

The Siren, an immortal creature was killed by her "lover".

Mattia's body was covered in blood, he laid the Siren on the rock where she sat and sang her melodious song, with the Bronze dagger still in her heart.

He was walking away from him, and for the last time he turned and glanced at the lifeless body, with blood leaking out. He felt numb.

Making his way back to the shore, he saw the sun rising up. And the people of his village waiting for him at shore.

Everyone celebrated his return, but he himself did not.

He lost a brother and killed a woman.

Who would believe him now....

Prisha Madhavan, FY BAMMC RARE

A little popping here, a little popping there, oh! She's put on. Looking more and more like a sofa chair
Going to the gym are you? It's not showing anywhere
You wanna borrow my razor? It'll help with the facial hair

Are those stretch marks?

Oh my god look! Look at the beauty we share.

Are you skinny? Or are you curvaceous? How does it matter? It's your body to care

Dark skinned, are you? Or are you fair? It's not a

shade card. Don't let anyone dare

You are beautiful, you are rare.

Your beauty is yours, not anyone else's to tear.

Andrea Miranda, FY BMS

I deserve it.

In reality there have been many races that I have won but this one is different.... I'm Jim, I love running..... ironically from reality too. Today, here in this race which I'm participating in is not gonna be much different from the ones I've been in before but this time I have to choose, If I win today I will be selected for the world racing championship in Istanbul ,but if I don't I'd be damned.

That's not the problem the only problem is, My Mother.she is undergoing a treatment for cancer.I have to stay here with her but if I win I have to go. I walk towards the starting line determined to win this game.. in hindsight I think about my Mom. Do I love her? I guess, but she deserves it she always treated me badly, Anyways I should be positive, be positive Jim!

As the whistle blows I run..... fast.... faster.... I want to win. I made my decision, the gold medal is now my vision, anything else is a distraction.

I run fast, as I'm used to it. Running is something that I've always been good at, The books helped me and music helped me I hope death helps me too.

I gain my focus back to reality when I see the finishing ribbon. I also see my coach standing at the end of the track with my phone in his hand, why?

I shift all my attention back to the finishing line....

and of course I win and with deep fury I reach my coach across the track division and hug him, " I did it coach!" I say punching the air.

" Jim, there is a news" " what?" Is ask.

" Your Mother passed away, they found her dead in the apartment.... I'm sorry for the loss Sweetie".

I fall " No" tears roll down. " but I won? How did I lose everything now?!" " Jim pull yourself together!

Go to the podium!". I can't. " No" is all I can say. " I want to meet her". " tell her to take me too" I want to go with you Mom... "



Jim, u won the race, go stand on the podium they are waiting for you!” My coach barks. My heart aces. This race is different because I don’t care about winning when I have lost my reason to live. I stand , I feel like a criminal who is to be hanged, I stand on the podium. I cry “ No” I whisper. No one taught me to face this situation, I have to move abroad when my Mom is dead, My Mom is dead and so is my will to live, but why?
Why? Do I hear people cheering?

Being Ambivalent: Why Love?
How does it feel when,
You look at the person who claims to love you?
When you realise you can’t live without them?
Does it calm you? Or is it terror that surfaces....

Why would you do that?
Stay with someone forever?
Even if you see their dark side!
What vows did you promise to abide...?

Even if it makes you cry....
Do you owe them something?
Staying with someone forever....
Why do you even want to try?

Sometimes I don’t understand you lovers....
How does it feel, to give yourself to someone even if you feel like you’re the only one who suffers....

Do I want to experience it?
Sure! Because even I need to know
How can you love someone,
As malevolent as you, even for a bit!

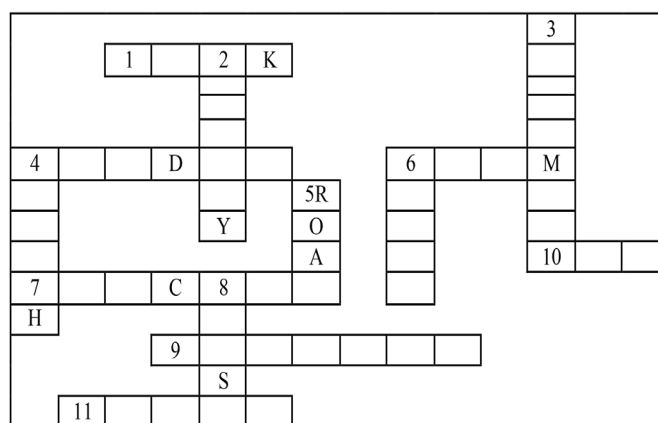
QUIZ & CROSSWORD

QUIZ

Questions:

1. Current Affairs: In which year did India implement the Goods and Services Tax (GST)?
2. Geography: What is the capital city of Maharashtra?
3. History: Who was the first President of India?
4. Science: What is the chemical symbol for gold?
5. Sports: Which Indian cricketer recently became the captain of the Indian cricket team across all formats?
6. Politics: Who is the current Prime Minister of India?
7. Literature: Who wrote the famous Indian epic, “Ramayana”?
8. Economics: What is the currency of Japan?
9. Environment: Which River is known as the “Ganga of the South” in India?
10. Technology: What does the acronym “ISRO” stand for?

CROSSWORD





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FY BMS



SY BMS





SPICE Ambassadors

The SPICE Ambassadors Programme 2023–2024 at St Pauls Institute of Communication Education for Women gave students a platform to go beyond classroom learning and gain practical exposure across key areas of media, communication, and marketing.

Designed as a hands-on learning initiative, the programme allowed students to work in specific departments under the mentorship of industry professionals. The departments included Digital Marketing, Content Creation, and Content Writing. Each department had its own set of real-world assignments, ensuring that students not only learned the theory but also applied it in practice.

In the Digital Marketing Department, under the guidance of Mr. Odell Dias, students were trained in campaign planning, social media management, and digital storytelling. They created promotional reels, optimized LinkedIn profiles, and managed the marketing of SPICE's Social Media Workshop. The focus was on helping students understand how creativity and analytics work together to drive real results.

The Content Creation Department, led by Mr. Parth Painter, focused on visual communication and brand consistency. Students worked on college promo videos, digital post designs, and learned to develop

content that aligned with the St Pauls brand guidelines. The department emphasized design thinking and the importance of clear, cohesive visual identity.

In the Content Writing Department, mentored by Mr. Vighnesh Shaji, students were introduced to copywriting, content strategy, and brand storytelling. They developed copy for live campaigns and learned how well-crafted content can influence perception and engagement.

Speaking about the initiative, faculty members shared that the programme's goal was to bridge the gap between academic learning and professional practice by allowing students to manage real projects with real deadlines.

The SPICE Ambassadors Programme successfully combined mentorship, creativity, and execution — preparing students to step confidently into the communications industry.



